



Please could you read and sign at the end to show you have understood the following.

The precautions we are putting in place are in line with Government social distancing measures and advice from the Chartered Society of Physiotherapy. With all situations where social distancing cannot be maintained, there is an element of risk to both parties. These measures are to ensure that the risk is minimised for everyone.

I confirm that:

- I have not got a temperature, new continuous cough or reduced taste and smell
- I have not been in contact with anyone with Covid-19 symptoms in the past 14 days
- If I am in the high-risk group, I am aware that any extra contact poses a further risk to myself

I understand the following procedure will happen when I attend for face to face treatment:

- I will arrive no more than 5 minutes before my appointment time, as there is no waiting room.
- I will wear a fresh face covering that has not been worn anywhere else (masks will be available to buy for £1)
- I will, were possible, attend on my own
- On arrival I will either ring the doorbell by the side gate to the right, or phone 07305 321 782 and the physio will come out.
- The Physiotherapist will be wearing a mask and protective apron
- My temperature will be taken, I will be given hand gel
- The physio will wear gloves during treatment, and a visor for very close contact treatments
- After my treatment I will be asked to sanitise my hands again before leaving
- The clinic room (chairs, couch, door handles, card machine) will all be cleaned, and the room ventilated between patients
- Toilet facilities in the house are available for emergencies only
- My contact details will be kept for tracing purposes if needed

Sign.....Print.....Date.....